

RE: First Communion Required Prayers

Please help your child(ren) to grow in faith by:

Attending Mass with your child each week to help them understand its key parts, the importance of Sunday worship, and the value of being an active member of the Catholic community—nurturing their growth in God’s grace.

Reciting the following prayers on a regular basis and helping your children memorize them:

Our Father

Hail Mary

Glory be to the Father

Prayer to my Guardian Angel

St. Michael the Archangel prayer

The Act of Contrition

Meal time Prayers

Prayers:

<p style="text-align: center;"><u>Our Father</u></p> <p>Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. Amen</p>	<p style="text-align: center;"><u>Hail Mary</u></p> <p>Hail, Mary! Full of grace, the Lord is with thee, Blessed are thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now, and at the hour of our death. Amen</p>	<p style="text-align: center;"><u>Glory be to the Father</u></p> <p>Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen</p>
<p style="text-align: center;"><u>Grace Before Meals</u></p> <p>Bless us, O Lord, and these your gifts, which we are about to receive, from your bounty, through Christ our Lord. Amen.</p>	<p style="text-align: center;"><u>Grace After Meals</u></p> <p>We give you thanks for all your gifts, almighty God, living and reigning now and forever Amen.</p>	<p style="text-align: center;"><u>Prayer to My Guardian Angel</u></p> <p>Angel of God, my guardian dear, to whom God's love commits me here, Ever this day be at my side. To light and guard, To rule and guide. Amen.</p>
<p style="text-align: center;"><u>Saint Michael Prayer</u></p> <p>Saint Michael, the Archangel, defend us in battle; be our defense against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do you, O Prince of the heavenly host, by the power of God thrust into hell Satan and all the evil spirits who prowl throughout the world seeking the ruin of souls. Amen.</p>	<p style="text-align: center;"><u>Act of Contrition</u></p> <p>O my God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our savior Jesus Christ suffered and died for us. In his name, my God, have mercy.</p>	